

Respect Routines

Stop Routine

Step One:

If someone treats you or someone else in a way that feels disrespectful, use the School wide "Stop Phrase"

Step Two:

If the person Stops, say "cool" or "OK" and move on with your day

Step Three:

If the person does not stop, decide whether to ignore the person or seek support

Step Four:

If you decide to ignore, don't look at or talk to the person. If you decide to Seek Support, select a school adult to approach and ask for support.

Stopping Routine

If someone uses the School wide Stop Phrase toward you:

Step One:

Stop what you are doing, even if you don't think you are doing anything wrong

Step Two:

Remind yourself "No big deal if I stop now and don't do it again"

Step Three:

Say "OK" to the person who asked you to Stop and move on with your day

Bystander Routine

If you observe someone using the Stop Strategy, and the perpetrator doesn't stop, do one of 3 things:

- Use the Stop Strategy toward the perpetrator
- Ask the recipient to go with you, and leave the area.
- Comfort the recipient later by saying something like "I'm sorry that happened. It wasn't fair".

Respect Routines

Seeking Support Routine_(Recipient Response)

If you use the School wide Stop Signal and the person doesn't Stop:

Step One:

Decide whether to ignore it or seek support

Step Two:

If you seek support, select a school adult to report to

Step Three:

Approach the adult, and say "I'm having a problem with _____. I asked her to Stop and she continued" .

Step Four:

If the adult doesn't have time to help solve the problem right then, ask the adult when they would have time and make an appointment.

Adult Providing Support Strategy

If a student approaches you with a problem involving disrespectful behavior:

Step One:

Say "Thanks for telling me"

Step Two:

Listen empathetically. Ask if this is the first time; who/what/when where

Step Three:

Ask the student if he/she used the Stop Phrase

Step Four:

Ask the student if the person who didn't stop is likely to retaliate if confronted by an adult about their behavior

Step Five:

Help the student select a course of action. Possibilities include:

- Filing a harassment report
- Mediation
- A safety plan for minimizing contact
- Letting it go ("I just needed someone to listen to me")
- Check In with the student who reported to you – within a day or two – to find out if the disrespectful behavior has stopped
- Check In with the student a couple of weeks later to find out if the disrespectful behavior is still absent

